probable emergency (?) than stress of nursing work in any Hospital? What more frequent than collapse of organization (?)--i.e., Nurses.

Nursing, like other work carried on night and day continuously, requires to be conducted upon a system of well-arranged "shifts," such as working men have for generations had the capacity and common sense to arrange for their benefit, and no one man has any undue strain put upon him.

It is to be hoped the discussion commenced in your pages will end in some practical solution of the "day" question, and I even venture to hazard a prediction-that "the visionary and quite impossible of fulfilment idea"-an eight hours labour day-recommended by my lords, will be the Nursing day of the future.

The Nursing ranks are being rapidily weeded of "incapables," and the amount of Nursing capacity, available for an Hospital, yearly on the increase, and it will say but little for the Nursing organization of those institutions if that splendid material is not used in a wiser and more liberal spirit than in the past. Long Nursing hours, mean short Nursing lives ; the problem almost seems to hang upon arithmetic and funds -the former to portion out the 24 hours we call a day, to the best advantage to Nurses, to avoid undue strain upon them, and hence secure good work-and the latter to be more generously expended on promoting the health and happiness of the Nursing Staff, even though it were at the expense of some of those "fads" and "investments" so dear to the souls of Hospital Committees.-I am, dear Sir, yours truly,

**USTITIA**.

## To the Editor of "The Nursing Record."

SIR,-In giving evidence before the Select Committee of the House of Lords, re the London Hospital, I deny altogether that the action of those ladies, who so courageously came forward, were actuated by personal motives. They spoke to expose the bad system of Nursing, and, in consequence, the ill-treatment of the Nurses.

One remark made by Miss YATMAN was, "That there was no system of training." I remember the disdainful and incredulous smiles of the Nursing officials present, when she made this plain and most truthful statement; and I think it is only just to call the attention of your readers to these facts, and compare the complaints of the London Hospital Nurses with the recommendations of the Lords.

No. 1. The Nurses complained that twelve hours' work for seven days a week, exclusive of time for meals, was too great a strain upon the physical strength of young women, and that exhaustion and broken-down health was the result, especially as Probationers with very little experience were placed in the responsible positions of Staff Nurses, both on day and night duty, whereby the mental strain was also very great.

The officials denied the overstrain, both mental and physical.

The Lords' Committee have reported, "That eight hours' work, exclusive of the time of meals, is, as a rule, as much as should be required from Nurses in these (General Hospitals of London) Hospitals."

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JOHN SCOTT, Hon. Secretary

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